References

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staff. Finally, we would like to express our gratitude to all the patients
who participated in this study.

Appendix

Supplementary Table 1: Summary of Study Participants

<table>
<thead>
<tr>
<th>Participant</th>
<th>Age (years)</th>
<th>Gender</th>
<th>Blood Pressure (mm Hg)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>30</td>
<td>Male</td>
<td>120/80</td>
</tr>
<tr>
<td>B</td>
<td>40</td>
<td>Female</td>
<td>130/90</td>
</tr>
<tr>
<td>C</td>
<td>50</td>
<td>Male</td>
<td>140/100</td>
</tr>
</tbody>
</table>

Supplementary Figure 2: Example of Data Analysis

The data analysis was performed using MATLAB software. The results
showed a significant correlation between dietary intake and blood
pressure (p < 0.05).